

PREVENTION EDUCATIONSM

HIGH SCHOOL SERIES



The high school series of the Prevention Education package dives deeper into the topics of Healthy Relationships and Teen Dating Violence and is designed for auditory, visual, and kinesthetic learners. The curriculum is divided into three Nonviolence 101 courses and four Nonviolence 102 courses and can be facilitated as a traditional class presentation or **Community Circle**, a trauma-informed, empowerment-centered space where students learn about violence prevention and healthy relationship skills through group discussion and interactive activities. Students will develop skills related to embodying consent, building healthy relationships, supporting survivors of dating violence, and more.

NONVIOLENCE 101 | UNDERSTANDING THE CULTURE OF VIOLENCE

Power and Control: The Culture of Violence

Students will learn how the culture of violence normalizes relationship and interpersonal violence and will discuss ways to promote nonviolence at the internal, interpersonal, institutional, and cultural levels.

The Gender Box: Gender Stereotypes and Gender-based Violence

Students will analyze how gender stereotypes contribute to gender-based violence, discuss the impacts of the gender binary, and explore gender diversity throughout history and the world.

Teen Dating and Relationship Violence

Students will identify the warning signs of abuse in dating and intimate relationships and identify the characteristics of healthy, unhealthy, and abusive relationships.

NONVIOLENCE 102 | VIOLENCE PREVENTION & HEALTHY RELATIONSHIP SKILLS

Consent and Healthy Boundaries

Students will have the opportunity to determine their own boundaries, understand the elements of consent, and practice how to embody consent with others.

Building Healthy Relationships

Students will understand the elements of a healthy relationship and will have the opportunity to reflect on their relationship values and practice healthy relationship skills.

Nonviolent Communication and Conflict Resolution

Students will learn how to communicate clearly and effectively and how to resolve interpersonal conflict with nonviolence and diplomacy.

Bystander Intervention and Survivor Support

Students will learn how to safely intervene during moments of relationship harm and how to support survivors experiencing dating violence.